

THE DAILY FLIP DEVOTIONAL

*Learning to live life upside down,
one day at a time*

Scripture

Philippians 4:4-9

⁴ Rejoice in the Lord always. I will say it again: Rejoice! ⁵ Let your gentleness be evident to all. The Lord is near. ⁶ Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

⁸ Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. ⁹ Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.

Romans 8:29

²⁹ For those God foreknew he also predestined to be conformed to the image of his Son, that he might be the firstborn among many brothers and sisters.

2 Corinthians 3:18

¹⁸ And we all, who with unveiled faces contemplate the Lord's glory, are being transformed into his image with ever-increasing glory, which comes from the Lord, who is the Spirit.

Galatians 4:19

¹⁹ My dear children, for whom I am again in the pains of childbirth until Christ is formed in you.

Colossians 3:10

¹⁰ and have put on the new self, which is being renewed in knowledge in the image of its Creator.

Study Questions

Monday: The main idea from the message is that the more we understand and experience the character of God revealed in Jesus Christ, the greater our capacity to live Christ-like lives. Look at the list of virtues in Philippians 4:8. How do you see these lived out in the life of Jesus?

Tuesday: Philippians 4:8-9 reveals a progression. First, we are invited to think about—reflect upon, attend to—these character qualities. Next, we are invited to practice them. Why are both of these steps important? Why are they in this order?

Wednesday: The end of Philippians 4:9 makes an interesting claim. The God of peace will be with you. The Bible teaches that God is always with us, that we can never escape His presence. So what is this verse really trying to tell us? (Hint: See Philippians 4:7 for a similar claim).

Thursday: We are invited to reflect the character of God as we live our lives. This approach helps avoid the “behaviorist” approach to life, which often feels a lot like, “You ought to...” and “You should...” Read the list of the Fruit of the Spirit found in Galatians 5:22-23 with the same approach. Consider these as character qualities of God that we are invited to and empowered by the Spirit to live instead of things we simply ought to or should do. How does this give us freedom? How does this give us power?

Friday: Look again at the list of virtues in Philippians 4:8. Consider each one carefully and personally. Which one or two do you sense God wants to develop in you? What are the influences in your life that strengthen or weaken these virtues? What are the practices in your life that strengthen or weaken these virtues?

Saturday: Because our minds are finite, we always have more to learn about God. However, because we are created in God's image, we have the potential to know God better and experience God more deeply. What are some ways God is leading you to know God better and experience God more deeply? Who can join you on this journey?

TODAY @ THE FLIPSIDE

Story Tellers Summer Series

Speaker: Kent Walkemeyer

Notes: